



# SPORTS BEIJING



# AHS

## Asian Hockey School

From February 21<sup>st</sup> to February 25<sup>th</sup>, 2007

The Only Hockey School in Asia Taught on a Full Ice Surface with National Team Level Coaching and Based on the Hockey Canada's Player Development Program.

**2 Program Levels:** 14 hours of on Ice Instruction; 16 hours of "Chalk Talks", Individual Conditioning, Team Building Exercises and Off Ice Training Techniques.

**Intermediate Level Hockey** – For Hockey players who are proficient in the basic skating skills and want to improve their fundamental hockey skills. Learn to coordinate your skating, stickhandling, and shooting. Build confidence by performing high tempo skating drills, physical contact drills, goal keeping drills, and defensive drills. Learn about individual positioning, reacting to situations and using team tactics. Gain experience through mini-games, skill drills and full ice games.

**Advanced Level Hockey** -- For Hockey players who are proficient in coordinating their skating and basic stickhandling and shooting skills. Strengthen your basic skills and learn advanced skills through high tempo drills that will improve your skating, stickhandling, and shooting techniques. Learn and practice reading and reacting to game situations with advanced individual reactions and team play tactics. Understand and practice the Forward and Defense responsibilities in all three zones. Learn the Butterfly technique, reading the shooter, poke check and playing the puck to improve your goalkeeping skills and then understand how to beat these goalie techniques when shooting. Put it all together in full ice games.

International Level Hockey Coaching  
All Instruction will be in English and Chinese Languages  
-- Spaces Are Limited ---

Please register at Sports Beijing office now.

*Sports Beijing, 2<sup>nd</sup> Floor Lido Country Club, Holiday Inn lido Beijing Tel: 6430-1412 Fax: 6430-1413*  
[www.sportsbj.com](http://www.sportsbj.com)

Experience Hockey the Way it is Meant to Be Taught  
and Played ... in China

**When:** Starting Wednesday February 21 ... Ending Sunday February 25, 2007  
**Where:** Century Star Ice Rink, Yizhuang, Beijing, China  
**Cost:** RMB 3300 per player. (Sports Beijing Members RMB 3200)

Schedule Times Dates	Intermediate Level Hockey Training	Advanced Level Hockey Training
First Day Starting Wednesday Feb 21 08:00 to 08:30	Coaches & Player Welcome Meeting	Coaches & Player Welcome Meeting
Daily starting on Wednesday Feb 21 to Sunday Feb 25 8:30 to 10:30	On Ice Drills, Practice & Games	"Chalk Talk" instruction on positioning, tactics, nutrition, hydration, stretching, and hockey terms. Team Building Exercises. Individual Conditioning.
Daily starting on Wednesday Feb 21 to Sunday Feb 25 10:30 to 12:30	"Chalk Talk" instruction on positioning, tactics, nutrition, hydration, stretching, and hockey terms. Team Building Exercises. Individual Conditioning.	On Ice Drills, Practice & Games
12:30 to 13:30	Lunch	Lunch
Daily starting on Wednesday Feb 21 to Friday Feb 23 13:30 to 14:20	Analysis of game video and personal review and counseling by coaches. Organizational games and team building exercises.	Analysis of game video and personal review and counseling by coaches. Organizational games and team building exercises.
Daily starting on Wednesday Feb 21 to Friday Feb 23 14:20 to 15:20	On Ice Drills Practice & Games –	Off Ice hockey specific conditioning and practice techniques.
Daily starting on Wednesday Feb 21 to Friday Feb 23 15:20 to 16:20	Off Ice hockey specific conditioning and practice techniques.	On Ice Drills Practice & Games
Daily starting on Tuesday Feb 21 to Friday Feb 23 16:20 to 17:00	Daily Recap Meeting between coaches and players and preparation for next day.	Daily Recap Meeting between coaches and players and preparation for next day.
Saturday Feb 24 13:45 to 14:45	On Ice Drills Practice & Games	Off Ice hockey specific conditioning and practice techniques.
Saturday Feb 24 14:45 to 15:45	Off Ice hockey specific conditioning and practice techniques	On Ice Drills Practice & Games
Sunday Feb 25 12:30 to 14:00	Final Meeting & Awards Ceremony	Final Meeting & Awards Ceremony

- Minimum of 3 coaches for all on ice sessions.
- Minimum of 20 players and maximum of 30 players per session in each group.
- Players will be placed according to their ability, their size and their age.
- All Players need to provide their own hockey equipment.
- All Players must wear a neck guard. Highly recommended that all players wear mouth guard.
- Lunch is not provided. Players should bring their own lunch or can purchase lunch at the rink canteen.
- Water is provided for players rehydration.
- All players receive a Sports Beijing Asian Hockey School T-Shirt and Certificate

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## Asia Hockey School Registration Form

Check your selection:

Intermediate Hockey Instruction (RMB 3300) [ ] Sports Beijing Members (RMB 3200) [ ]

Advanced Hockey Instruction (RMB 3300) [ ] Sports Beijing Members (RMB 3200) [ ]

(Players may be regrouped during the hockey school to maximize the instructional benefit to the player based on the coaches on going assessment of player's ability, player's size, and the player's age.)

Family Name \_\_\_\_\_ Given Name \_\_\_\_\_ SBJ Member Number \_\_\_\_\_

Player Information: Birthdate Year \_\_\_\_ Month \_\_\_\_ Day \_\_\_\_ / Height \_\_\_\_\_ cm / Weight \_\_\_\_ kg

Hockey Experience: Number years Ice-Skating: \_\_\_\_\_ Do you inline skate (rollerblade)? \_\_\_\_\_

Number years playing Ice-Hockey: \_\_\_\_\_ What country(s) did you play hockey in? \_\_\_\_\_

What programs/levels did you play? \_\_\_\_\_

Have you every attended a Hockey Camp or School? Yes [ ] No [ ] If so, where? \_\_\_\_\_

How long was the Camp or School? \_\_\_\_\_

**Waiver of Liability** The undersigned gives permission for the afore-mentioned child to participate in the Sports Beijing Asian Hockey School Camp. The Participants and the undersigned understand that participation in such activities or events may result in personal injury or other damages to the Participant and such risks are hereby acknowledged.

**Medical Authorization** The undersigned authorizes Sports Beijing to provide emergency treatment for any injury to, or illness of, the Participant if medical personnel consider treatment necessary and perform the treatment. This authorization is granted only if the undersigned or other given contacts could not be reached after reasonable effort was made to do so.

**Release** Sports Beijing, the Participant and the undersigned parent or guardian understand and agree that Sports Beijing and the Asian Hockey School, its employees, officers, directors, agents, sponsors, volunteers or representatives will not be liable to the Participant, the undersigned, his/her heirs, executors, administrators and assigns for any manner of actions, causes of action, claims, demands, personal injury or injuries, damages, destruction, theft to or of his/her property or otherwise, whatsoever or howsoever arising, whether through negligence or otherwise, resulting from, or occurring in connection with, activities or events organized by Sports Beijing.

**Indemnification** The undersigned parent or guardian further agrees to completely indemnify Sports Beijing and the Asian Hockey School for any Expenses or liabilities incurred as a result of any injury or other loss to the Participant including, Without restricting the generality of the foregoing, the costs of emergency services. The undersigned hereby grants this release on behalf of the Participant and on his or her own behalf. The undersigned further represents that he or she has read and understood this release and has full Authority to execute this release on behalf of the Participant.

The undersigned agrees that he/she has read, fully understood and will abide by the Sports Beijing policies as outlined in the Sports Beijing Catalogue and Website.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Father's Name \_\_\_\_\_ Email \_\_\_\_\_ Phone \_\_\_\_\_

Mother's Name \_\_\_\_\_ Email \_\_\_\_\_ Phone \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone 1 \_\_\_\_\_ Phone 2 \_\_\_\_\_

Describe any medical conditions that the coaches should be aware of: \_\_\_\_\_

**Payment and Refund Policy:** No registrations will be accepted without full payment.

A full refund will be provided for player cancellation notices received by the Sports Beijing Office prior to 17:30 on February 9<sup>th</sup>. Any cancellations received after February 9<sup>th</sup> but on or before 15<sup>th</sup> will be refunded the registration fee less RMB 1000. Cancellations after February 15<sup>th</sup> will receive no refund. **All cancellations notices should be sent by email to [info@sportsbj.com](mailto:info@sportsbj.com).**

If the minimum number of players does not register for a program, that program may be cancelled and all fully paid players in that program will be given a full refund.

## HEAD COACHES

### Jeff Bonazzo

#### Playing Experience:

More than 20 years ice hockey playing experience.  
 Played hockey on 4 continents, in over 20 countries.  
 Played Canadian hockey through age grades up to university level.  
 Played in Canadian Provincial Championships and National Championships several times.  
 Played in 5 New Zealand National Championship tournaments  
 - Winning tourney MVP 3 times  
 Currently captain of the West Auckland Admirals NZIHL for past two seasons.  
 Winner of MVP of West Auckland Admirals 2005, 2006.  
 Leading scorer in New Zealand International Hockey League 2006.  
 League MVP New Zealand International Hockey League 2006.

#### Coaching Experience

Head Coach New Zealand Ice Blacks 2007 (present)  
 IIHF Level 3 Qualified Coach (Jan 2007)  
 Assistant Coach New Zealand Ice Blacks 2003-05  
 - IIHF Div III WC Gold Medal 2003  
 Head Coach of U19 Auckland Rep Team 2006  
 - National Champions 2006  
 Head Coach of Auckland Womens Rep Team 2001-04  
 - National Champions 2001-04  
 Head Coach NZIHF U13 Summer Hockey School 2002, 2004

### Michael Parsons

Coaching Experience 10+ years  
 Assistant Coach Chinese Women's Junior National Program, Harbin China (Harbin PE and Sports School)  
 Former Thunder Bay Under 18 Women's Coach  
 Former Sports Beijing Hockey Program and Skating Fundamentals Instructor  
 Former Lakehead University Hockey School Head Instructor  
 Played Canadian University Hockey and NCCP (Canadian National Coaching Program) certified.  
 Sports Beijing Hockey League Program Head Coach 2006/2007



Dang Hong and Michael Parsons  
after game in Harbin, China

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